



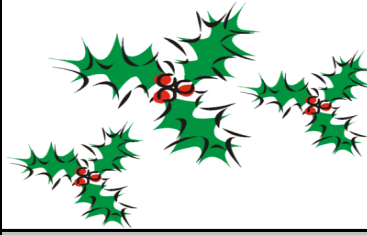


NCAA Golden Meals  
**December 2017**

Diane Randecker, Director

815-232-8896

Serving 11:00a.m. to 1:00p.m.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

								12/1	
								Chili Cornbread Fruit Milk <b>Buffet @ Central Kitchen In Freeport</b>	
12/4		12/5		12/6		12/7		12/8	
Goulash Green Beans Fruit Bread, Margarine & Milk		Baked Cod In Lemon Butter Parslied Potatoes Spinach Fruit Bread, Margarine & Milk		Pepper Steak Mashed Potatoes Carrots Fruit Bread, Margarine & Milk		Ham Loaf Mashed Potatoes Carrots Fruit Bread, Margarine & Milk		Hot Dogs Baked Beans Fruit Bun & Milk  <b>Buffet @ Central Kitchen In Freeport</b>	
12/11		12/12		12/13		12/14		12/15	
Country Meatballs Mashed Potatoes Peas Fruit Bread, Margarine & Milk		Pork Chops Cheesy Potatoes Corn Mixed Fruit Bread, Margarine & Milk <b>Blood Pressure Screening</b>		Brats/Sourkraut Parslied Potatoes Baked Beans Bun & Milk		Beef & Noodles Green Beans Peaches Bread, Margarine & Milk		Beef Stew (Veggies In The Stew) Applesauce Biscuit & Milk <b>Buffet @ Central Kitchen In Freeport</b>	
12/18		12/19		12/20		12/21		12/22	
Sloppy Joes Potato Wedges Peas Fruit Bun & Milk		Glazed Ham Sweet Potatoes Corn Applesauce Bread, Margarine & Milk		Salisbury Steak Mashed Potatoes/ Gravy Carrots Fruit Bread, Margarine & Milk		Lemon Pepper Chicken Wild Rice Peas Fruit Bread, Margarine & Milk		Ham Salad Baked Beans Fruit Bun & Milk <b>Buffet @ Central Kitchen In Freeport</b>	
12/25		12/26		12/27		12/28		12/29	
<b>Sites Closed</b> 		<b>Sites Closed</b> 		Spaghetti Mixed Vegetables Applesauce Bread, Margarine & Milk		Roast Beef Mashed Potatoes Carrots Fruit Bread, Margarine & Milk		<b>All Sites Closed</b>	