


NCAA Golden Meals
JANUARY 2022

Diane Randecker, Director 815-232-8896

MENU SUBJECT TO CHANGE WITHOUT NOTICE

1/3	1/4	1/5	1/6	1/7
CHILI DOG OVEN POTATOES BAKED BEANS WHEAT BREAD	BAKED CHICKEN MASHED POTATOES & GRAVY CARROTS WHEAT BREAD	BEEF AND NOODLES GREEN BEANS FRUIT WHEAT BREAD	TURKEY TETAZZINI ITALIAN GREEN BEANS APPLESAUCE WHEAT BREAD	TATER TOT CASSEROLE (VEGGIES IN CASSEROLE) FRUIT WHEAT BREAD
1/10	1/11	1/12	1/13	1/14
STUFF GREEN PEPPERS CARROTS FRUIT WHEAT BREAD	CHICKEN NOODLE CASSEROLE GREEN BEANS FRUIT WHEAT BREAD	SCALLOPED POTATOES & HAM PEAS FRUIT WHEAT BREAD	BEEF STEW CORN BREAD APPLE SAUCE	ITALIAN SAUSAGE SAUERKRAUT FRUIT BUN
1/17	1/18	1/19	1/20	1/21
 Martin Luther King, Jr. Day	CHICKEN ALFREDO/ PASTA SPINACH WHEAT BREAD	HAM LOAF SWEET POTATOES MIXED VEGETABLES WHEAT BREAD	TUNA & NOODLES PEAS FRUIT WHEAT BREAD	HAM STEAK MAC & CHEESE CARROTS WHEAT BREAD
1/24	1/25	1/26	1/27	1/28
SLOPPY JOES OVEN POTATOES MIX VEGETABLE	SPAGHETTI PEAS APRICOTS WHEAT BREAD	SALISBURY STEAK MASHED POTATOES CREAM CORN WHEAT BREAD	TURKEY TETAZZINI ITALIAN GREEN BEANS APPLESAUCE WHEAT BREAD	SWEEDISH MEATBALLS BUTTERED NOODLES MIXED VEGETABLES WHEAT BREAD
1/31				
CHILI DOG OVEN POTATOES BAKED BEANS WHEAT BREAD				