



NCAA Golden Meals
October 2020

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MENU SUBJECT TO CHANGE WITHOUT NOTICE

				10/1	10/2
				Beef Stroganff Stewed Tomatoes Mixed Fruit	Bbq Ribbet Augratin Potatotes Glazed Carrots
10/5		10/6		10/7	10/8
Ham Salad Coleslaw Peaches Whole Wheat Bun	Baked Chicken Mashed Potatoes Peas	Macaroni & Cheese Casserole Green Beans Pears	Pepper Steak Mashed Potatoes Peas	Italian Sausage Sauerkraut Mashed Potatoes Whole Wheat Bun	
10/12		10/13		10/14	10/15
SITES CLOSED 	Chicken Noodle Casserole (Veggies in the Casserole) Peaches	Hot Turkey Sandwich Mashed Potatoes Mixed Vegetables	Sausage Gravy Over Biscuit Mashed Potatoes Peas	Maple Glazed Ham Sweet Potatoes Spinach	
10/19		10/20		10/21	10/22
Chicken Salad Pea Salad Peaches Whole Wheat Bun	Spagetti Italian Vegetables Peaches	Stuffed Green Peppers Mixed Vegetables Pears	Roast Pork Loin Cheesy Potatoes Mixed Vegetables	Tater Tot Casserole (Veggies In Cassreole) Applesauce	
10/26		10/27		10/28	10/29
Tuna Salad Potato Salad Mandarin Oranges Whole Wheat Bun	Swedish Meatballs Wild Rice Green Beans	Salibury Steak Mashed Potatoes Creamed Corn	Beef Strognaff Stewed Tomatoes Mixed Fruit	Bbq Ribbet Augratin Potatotes Glazed Carrots	10/30