



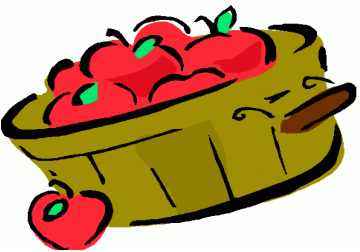


NCAA Golden Meals
September 2018

Serving Time 11:00am-12:45pm

Diane Randecker, Director 815-232-8896

MENU SUBJECT TO CHANGE WITHOUT NOTICE

9/3	9/4	9/5	9/6	9/7
<p>SITES CLOSED</p> 	<p>Baked Cod In Lemon Butter Parslied Potatoes Spinach Fresh Fruit</p>	<p>Pepper Steak Mashed Potatoes Broccoli Fresh Fruit</p>	<p>Ham Loaf Mashed Potatoes Carrots Fresh Fruit</p>	<p>Hot Dogs Potato Salad Fresh Fruit Whole Wheat Bun</p>
9/10	9/11	9/12	9/13	9/14
<p>Sweet & Sour Chicken (Over Rice) Stir Fry Vegetables Fresh Fruit</p>	<p>Pork Chops Cheesy Potatoes Broccoli Fresh Fruit</p> 	<p>Brats Sauerkraut Mashed Potatoes Whole Wheat Bun Fresh Fruit</p>	<p>Glazed Baked Ham Mashed Potatoes Carrots Fresh Fruit</p>	<p>Beef Stew (Veggies In Stew) Applesauce Biscuit</p>
9/17	9/18	9/19	9/20	9/21
<p>Sloppy Joes Potato Wedges Applesauce Whole Wheat Bun</p>	<p>Turkey Mashed Potatoes Green Beans Fresh Fruit</p>	<p>Salisbury Steak Mashed Potatoes Lima Beans Fresh Fruit</p>	<p>BBQ Chicken Cheesy Potatoes Peas Fresh Fruit</p>	<p>Ham Salad Cottage Cheese Pineapple Whole Wheat Bun</p>
9/24	9/25	9/26	9/27	9/28
<p>Beef & Noodles Green Beans Apricots</p>	<p>Cabbage Rolls Buttered Potatoes Carrots Fresh Fruit</p>	<p>Spaghetti Mixed Vegetables Fresh Fruit</p>	<p>Roast Beef Mashed Potatoes Carrots Fresh Fruit</p>	<p>Chili Coleslaw Mixed Fruit</p>
				
<p>Bread, Margarine & Milk Offered With Every Meal</p>				