



NICAA Golden Meals
JUNE 2023

Diane Randecker, Director 815-232-8896

MENU SUBJECT TO CHANGE WITHOUT NOTICE

		6/1		6/2
		Baked Chicken Thighs Mashed Potatoes Beets Wheat Bread		Fish Potato Casserole Spinach Wheat Bread
6/5	6/6	6/7	6/8	6/9
Hot Dog Baked Beans Oven Fries Wheat Bun	Beef Stew Warm Spiced Pears Corn Bread	Scalloped Potatoes/Ham Peas and Carrots Apple Sauce Wheat Bread	South Western Salad Blk. Beans, Corn, Tomato, Cheese, and Lettuce Muffin	Beef Stroganoff Sweet Corn Apricots Wheat Bread
6/12	6/13	6/14	6/15	6/16
Chicken Salad Sanwich on Croissant Macaroni Salad Fruit	Seasoned Pork Loin Mashed Potatoes Green Beans Wheat Bread	Swedish Meatballs Egg Noodles Peas Wheat Bread	Ham Loaf Sweet Potatoes Green Beans Wheat Bread	Salisbury Steak Mashed Potatoes Cream Corn Wheat Bread
6/19	6/20	6/21	6/22	6/23
ALL SITES CLOSED 	Goulash Mixed Vegetables Pears Wheat Bread	Hot Roast Sandwich Mashed Potatoes Green Beans Wheat Bread	Shrimp Pasta Cass Seasoned Carrots Apple Sauce wheat bread	Swiss Steak Mashed Potatoes Corn Caserole Wheat Bread Blood Pressure Screening
6/26	6/27	6/28	6/29	12/30
Chef Salad Fresh Fruit Ranch Dressing Muffin -	Spaghetti Green Beans Peaches Wheat Bread	Honey Glazed Ham Sweet Potatoes Cream Corn Wheat Bread	Baked Chicken Thighs Mashed Potatoes Beets Wheat Bread	Fish Potato Casserole Spinach Wheat Bread