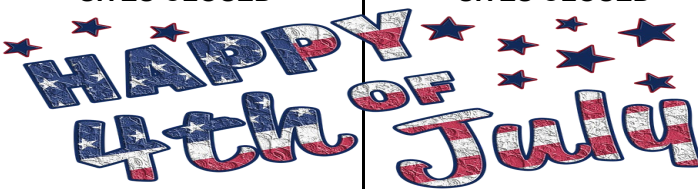
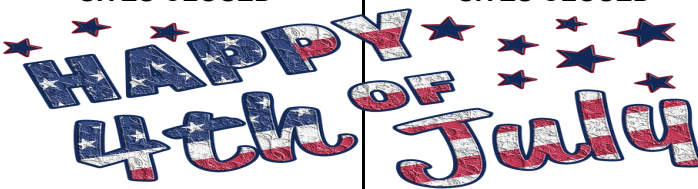


NCAA Golden Meals
JULY 2024

Diane Randecker, Director 815-232-8896

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Swedish Meatballs Seasoned Diced Potatoes Corn Whole Wheat Bread	Spanish Rice Applesauce Cornbread	Italian Sausage W/ Peppers Seasoned Potatoes Green Beans Bun	SITES CLOSED 	SITES CLOSED 
BBQ on Bun Baked Beans Mixed Fruit	Spaghetti Green Beans Peaches Whole Wheat Bread	Southwest Salad W/ Black Beans Corn, Chicken, Tomato & Cheese Blueberry Muffin	Seasoned Pork Loin Mashed Potatoes Corn Whole Wheat Bread	Creamed Beef over Biscuit Peas & Carrots Mixed Fruit
Pulled Pork Oven Potatoes Mixed Vegetables Bun	Frito Pie Seasoned Oven Potatoes Green Beans Whole Wheat Bread	Swiss Steak Mashed Potatoes Carrots Whole Wheat Bread	Chef Salad W/ Tomatoes Ham, Cheese & Diced Eggs Muffin	Seasoned Chicken Thighs Mashed Potatoes Peas Whole Wheat Bread
Chicken Salad Coleslaw Mandarin Oranges Bun	Beef & Noodles Peas Pears Whole Wheat Bread	Tater Tot Casserole Peaches Whole Wheat Bread	Ham Loaf Sweet Potatoes Corn Whole Wheat Bread	Oven Baked Fish Potato Casserole Green Beans Whole Wheat Bread
Swedish Meatballs Seasoned Diced Potatoes Corn Whole Wheat Bread	Spanish Rice Applesauce Cornbread	Italian Sausage W/ Peppers Seasoned Potatoes Green Beans Bun	