NICAA Golden Meals

August 2024

Diane Randecker, Director	815-232-8896	3	MENU SUBJECT TO CHA	NGE WITHOUT NOTICE
			8/1	8/2
			Chicken Alfredo	Oven Baked Garlic Butter Cod
			Peas	Seasoned Mashed Potatoes
			Mixed Fruit	Spinach
			Whole Wheat Bread	Whole Wheat Bread
* * *				
8/5	8/6		8/8	
BBQ on Bun	Spaghetti W Meatballs	Southwest Salad W/ Black Beans	Seasoned Pork Loin	Creamed Beef over Biscuit
Baked Beans	Green Beans	Corn,Chicken,Tomato & Cheese	Mashed Potatoes	Peas & Carrots
Potato Wedges	Peaches	Blueberry Muffin	Corn	Mixed Fruit
	Whole Wheat Bread		Whole Wheat Bread	
8/12				
Pulled Pork	Chef Salad W/ Diced Eggs	Swiss Steak	Ham Loaf	Seasoned Chicken Thighs
Mashed Potatoes	Tomatoes, Cheese & Diced Ham	Mashed Potatoes	Sweet Potatoes	Mashed Potatoes
Mixed Vegetables	Fruit	Carrots	Cream Corn	Peas
Bun	Muffin	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat corn
8/19	8/20	8/21	8/22	8/23
Chicken Salad	Beef & Noodles	Tater Tot Casserole	Ham Tetrazzini	Tuna Noodle Casserole
Coleslaw	Peas	Peaches	Mixed Vegetables	Peas
Mandarin Oranges	Pears	Whole Wheat Bread	Applesauce	Mandarin Oranges
Croissant	Whole Wheat Bread		Whole Wheat Bread	Whole Wheat Bread
2/22		2.02	2/22	
8/26		8/28		
Swedish Meatballs	Spanish Rice	Italian Sausage W/ Peppers	Chicken Alfredo	Oven Baked Garlic Butter Cod
Noodles	Applesauce	Seasoned Potatoes	Peas	Seasoned Mashed Potatoes
Green Beans	Cornbread	Green Beans	Mixed Fruit	Spinach
Whole Wheat Bread		Bun	Whole Wheat Bread	Whole Wheat Bread