



WE RISE



by lifting others

Parenting is hard. Join us, a supportive group of parents ready to tackle today's challenges of raising children and families with healthy relationships, all while staying strong ourselves!



RISE

- Reflect
- Inquire
- Support
- Empower

- ✓ Meet & support other parents
- ✓ A yummy dinner and childcare
- ✓ Break out groups that address many topics
- ✓ I promise you will laugh and learn something!

NOVEMBER 21ST
5:00-7:00PM
 (3RD THURSDAY OF EVERY MONTH)
AT GRACE EPISCOPAL CHURCH
HELP YOURSELF WHILE HELPING OTHERS!

RSVP ASAP

 call or text
 Linsey McDanel 815-238-3467

 hopewinswhatineedtosucceed.com

