

NICAA GOLDEN MEALS  
MAY 2026

Diane Randecker - Director

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

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|---|--|--|---|----------------------------|-----|
| <b>FOOD ALLERGY WARNING</b><br>PLEASE BE ADVISED THAT OUR FOOD MAY COME IN CONTACT OR CONTAIN PEANUTS, TREE NUTS, SOY, MILK, EGGS, WHEAT, SHELLFISH OR FISH<br><br>Please ask a staff member about ingredients used in your meal if you have any concerns |  |    |   | <b>FRIDAY<br/>BUFFET</b>   |     |
| 5/4   | 5/5  | 5/6  | 5/7   | 5/8                        |     |
| Ham & Bean Casserole<br>Peaches<br>Cornbread  | Chicken Primavera<br>Peaches<br>Bread & Margarine<br><br>Taco Bar at the<br>Freeport Dining Room                       | Tater Tot Casserole<br>(Veggies in Casserole)<br>Mixed Fruit<br>Bread & Margarine<br>Potato Bar at the<br>Freeport Dining Room | Sloppy Joes<br>Oven Fries<br>Baked Beans<br>Bun                   | <b>FRIDAY<br/>BUFFET</b>   |     |
| 5/11  | 5/12   | 5/13   | 5/14  | 5/15                       |     |
| Cheeseburger<br>Oven Fries<br>Green Beans<br>Bun  | Honey Glazed Ham<br>Sweet Potatoes<br>Mixed Vegetables<br>Bread & Margarine<br>Taco Bar at the<br>Freeport Dining Room | Chicken Pot Pie<br>(Veggies in Pie)<br>Applesauce<br><br>Potato Bar at the<br>Freeport Dining Room                             | Meatloaf<br>Diced Carrots<br>Mashed Potatoes<br>Bread & Margarine | <b>FRIDAY<br/>BUFFET</b>   |     |
| 5/18  | 5/19   | 5/20   | 5/21  | 5/22                       |     |
| Pulled Pork<br>Peas & Carrots<br>Oven Potatoes<br>Bun   | Beef Stew<br>Mixed Fruit<br>Biscuit<br>Taco Bar at the<br>Freeport Dining Room   | Goulash<br>Green Beans<br>Pears<br>Bread & Margarine<br>Potato Bar at the<br>Freeport Dining Room                              | Creamed Chicken<br>Over a Biscuit<br><br>Peaches                  | <b>FRIDAY<br/>BUFFET</b>   |     |
| 5/25  | 5/26   | 5/27   | 5/28  | 5/29                       |     |
| <b>Sites Closed</b><br><br>   | Chili<br>Mixed Fruit<br>Cornbread<br><br>Taco Bar at the<br>Freeport Dining Room                                       | Hot Dog<br>Baked Beans<br>Potato Wedges<br>Bun<br><br>Potato Bar at the<br>Freeport Dining Room                                | Ham Loaf<br>Sweet Potatoes<br>Green Beans<br>Bread & Margarine    | <b>FRIDAY<br/>BUFFET</b>   |     |